



La Leche League Books

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| BREASTFEEDING ANSWER BOOK 2003, 3rd edition This new edition for 2003, designed especially for those caring for breastfeeding mothers, presents a broad ranging in depth exploration of breastfeeding issues, with a variety of possible approaches and solutions Spiral bound hard back book CD with on line updates, (incl VAT) Spiral bound hard back book AND CD, (incl VAT) | | | | | WOMANLY ART OF BREASTFEEDING, 2004 Fully Revised 7th Edition, now available The LLLI definitive guide for breastfeeding mothers. Vast depth of factual information with warm friendly tone. New information on attaching your baby, increasing your milk supply, how the breast makes milk, feeding twins and much more. Lots of new photos and stories. | 0252- | 14.99 | | | |
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| ADVENTURES IN TANDEM NURSING (H Flower) Information and support for breastfeeding mums considering breastfeeding during a pregnancy and/or tandem nursing. | 0294- | 14.99 | | | Milk of Human Kindness, 2002, (S Francis et al) NEW Defending breastfeeding from the global market & the AIDS industry. Considers the true value of breastfeeding worldwide | 0890- | 8.50 | | | |
| BECOMING A FATHER (W'm Sears) 2nd ed 2003 Joys and problems of parenthood from the male perspective, how a child can help to strengthen a relationship. | 0264- | 10.99 | | | MOTHERING MULTIPLES, 2nd ed (Karen Gromada) Breastfeeding & caring for twins & more, Covers pregnancy, birth, special care, milk supply and breastfeeding practicalities | 0267- | 14.99 | | | |
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| Breastfeeding and natural child-spacing (S Kippley) Discusses contraceptive effect of breastfeeding, and how different styles of breastfeeding affect fertility | 0320- | 9.99 | | | MOTHERWISE, 101 tips for new mothers (Alice Bolster) How to make the most of helping hands, tips which help you to give your baby the best start in life | 0255- | 6.99 | | | |
| Breastfeeding Matters (M Minchin) 1998 A reference text and also a practical breastfeeding manual for mothers and their health care providers | 0365- | 12.99 | | | NIGHTTIME PARENTING (William Sears) Bedtime without a struggle, wakeful infants, family bed sharing, nighttime breastfeeding, and other nocturnal issues | 0276- | 10.99 | | | |
| Breastfeeding the adopted baby (D Stewart Peterson) Supportive book which outlines the step by step process of inducing lactation whether or not a mother has given birth | 0355- | 13.99 | | | Nursing mother, Working mother (Gale Pryor) A supportive and reassuring book for mothers who want to continue the breastfeeding relationship and return to work | 0333- | 10.99 | | | |
| BREASTFEEDING YOUR PREMATURE BABY (G Gotsch) Tips for pumping, establishing milk supply, getting your baby starting at the breast, coming home and much more | 0263- | 6.50 | | | Politics of breastfeeding The (Gabrielle Palmer) Breastfeeding is much more than personal inclination, how it affects our health, environment and the global economy | 0880- | 9.99 | | | |
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| Eat well, lose weight while breastfeeding (E Behan) Explains the weight loss process whilst breastfeeding. Information on dieting, exercise, goal setting; includes recipes | 0348- | 13.50 | | | SEVEN VOICES, ONE DREAM (Mary Ann Cahill) This history of LLL told by the 7 mothers who met in 1956 to share breastfeeding experiences & are still involved 45 years later | 6235- | 12.99 | | | |
| EVERYDAY WHOLEFOOD COOKBOOK, THE (LLLGB) Information of breastfeeding (the first whole food), allergies, introducing solids and much more, colour illustrations | 0200- | 9.99 | | | Siblings without rivalry (A Faber and E Mazlish) How to help your children live together, so you can live too, sequel to 'How to talk...', tackles issue of children's arguments | 0379- | 9.99 | | | |
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| FUSSY BABY, The, 2002 2nd ed'n (William Sears) Sensitive, intuitive and responsive ideas to support parents as they address the challenges of breastfeeding their fussy baby | 0270- | 9.99 | | | What Mothers do: Especially when It Looks Like Nothing (N Stadlen) 2004 NEW | 0930- | 9.99 | | | |
| How to talk so kids will listen & listen so kids will talk (A Faber & E Mazlish) Dialogue and cartoons show alternatives to fighting which can transform family relationships | 0353- | 13.99 | | | WHOLE FOODS FOR THE WHOLE FAMILY (R Johnson) The classic LLLI cook book packed with time saving recipes from around the world, includes special diets, allergies & snacks | 0262- | 15.99 | | | |
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| Breastfeeding and working, The Balancing Act | 0084- | 1.00 | | | GIFT ITEMS | | | | |
| Breastfeeding does make a difference | 0064- | 1.00 | | | Sweatshirts, navy with LLLGB logo, Small size only, SALE | 1088- | 5.00 | | |
| Breastfeeding father, The | 0130- | 1.00 | | | | | | | |
| Breastfeeding the baby with reflux | 0015- | 2.50 | | | | | | | |
| Breastfeeding through pregnancy and beyond (ABA) | 3333- | 4.00 | | | CATALOGUES | | | | |
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| Breastfeeding with inverted nipples (LLLNZ), 2002 | 0755- | 1.00 | | | LLLGB information and membership leaflet | M 04 | free | | |
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| Diabetic mother and breastfeeding, The | 0017- | 2.50 | | | | | | | Sub-total col 4 |
| Does breastfeeding take too much time? | 0063- | 1.00 | | | | | | | Sub-total col 3 |
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| | | | | | LLLGB: La Leche League GB | | | | |
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