



Personal Details

We can claim gift aid on your membership if a tax payer in the family is named here on the form and makes the payment.

Name _____

Address _____

Postcode _____

Telephone _____

Email _____

Local group _____

Membership *(details valid until 31.03.16)*

- I am a new member of LLLGB
- I am a renewing member of LLLGB

Annual Family

- Family £30
- Unwaged Family £18
- Overseas Family..... £48
- Health Professional £40
- Supporting Member (choose amount). £ _____
- Donation—please support our work.... £ _____

Totals

Membership £ _____
 Donation..... £ _____
 Grand Total..... £ _____

Join Online Today

- Please follow this link to join online (<http://tinyurl.com/no34u4q>)

Other Ways to Pay

- I enclose a cheque payable to LLLGB or my local Group, LLL _____
- Please email me an invoice to be paid by Paypal
- Please email me a link to set up an annual direct debit
- I have arranged payment direct to the LLLGB bank account:
sort code 30-18-98 account number 07197617 quoting my name as the reference

Your membership will start on the date we receive payment, LLLGB cannot process any membership until payment has been made

How would you like to receive BreastfeedingMatters, our members' newsletter?

- Printed copy by post
- Electronic copy by email



Gift Aid It Make your membership or donation go further through Gift Aid. Make sure that the taxpayer in the family signs the Gift Aid declaration, makes the payment and is named in the Personal Details section of this form.

Please complete all sections and return form to your local LLL Leader or send to:
LLLGB Admin Office, PO Box 29, West Bridgford, Nottingham, NG2 7NP.

Gift Aid declaration

The person signing this declaration must be a tax payer, have made the payment and be named in the Personal Details section of this form.

La Leche League GB

Please treat as Gift Aid donations all qualifying gifts of money made today in the past 4 years in the future
Please tick all boxes you wish to apply.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I gave up to 5 April 2008 and will reclaim 25p of tax on every £1 that I give on or after 6 April 2008.

Donor's details

Title _____ First name or initial(s) _____

Surname _____

Full home address _____

Postcode _____

Date _____

Signature _____

Please notify LLLGB if you:

- Want to cancel this declaration.
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Join, Donate, Support!

La Leche League is a charity and depends on your support to continue providing mother-to-mother support for breastfeeding. Complete and return this form or join online at www.laleche.org.uk

Benefits of Membership

- Family Members receive our bimonthly members' magazine, *Breastfeeding Matters* and can access LLL group libraries.
- Health Professional Members receive *Breastfeeding Matters*, plus a voucher to spend on products from our shop.
- Supporting Members receive our annual review plus details of conferences and events. You choose the amount to help us to continue supporting mothers.

LLLGB Membership

- Membership is for one year starting on the day you sign this form

Donate

You can also support our work through a donation:

- £3 pays for a set of leaflets to be sent out to a mother.
- £5.50 helps fund 1 hour of our telephone Helpline.
- £15 buys a Womanly Art of Breastfeeding for a group library.
- £25 buys a stock of leaflets for a Leader in training.
- £50 buys vital Leader reference books.

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...and help us continue our work.

For LLL Group use:

Group chq no. _____ Amount £ _____

Group portion of membership retained (up to £9) £ _____

Donation retained £ _____

Local Group Details

Data protection

Your details will be stored in our database and may be used to keep you informed about our meetings, events and activities. We will not share your details outside LLLGB and LLLGB SHOP.



La Leche League GB
mother-to-mother support for breastfeeding

LLLGB is a voluntary organisation providing breastfeeding information & support.

Breastfeeding help & local groups Helpline 0845 120 2918

Membership & general information

LLLGB, PO Box 29, West Bridgford, Nottingham NG2 7NP;
0845 456 1855, (+44 115 981 5108) enquiries@laleche.org.uk

La Leche League Great Britain (an affiliate of La Leche League International) is a charity and company limited by guarantee registered in England.

Registered office: 129a Middleton Boulevard, Wollaton Park, Nottingham NG8 1FW.
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LLL (Books) Ltd, trading as La Leche League GB SHOP.
Registered office as LLLGB above. Company number: 2413647.

Front cover photo courtesy of Lois Rowlands.

www.laleche.org.uk

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Helpline: 0845 120 2918
Website: www.laleche.org.uk

**• Membership form
2014**